

Studio Hours:
1:30 p.m. – 6 p.m.
Monday – Thurs.
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February 2009

The Spotlight



How to Help Prepare Your Dancer

* Help your Dancer!

* Kidz Expo!

* Visit our website:
www.jsodwaco.com

* Costume Update!

* Meet Dancer!

* Meet Kristen!

Parents always want the best for their child and for them to excel in all areas of their lives. The staff at JSOD would like to pass on a few helpful hints on how to best prepare your dancer for class and to help them excel in their dance classes.

1) Please label all of your dancer's shoes and dance attire! This helps us return lost or misplaced items and keeps your dancer organized.

2) Please make sure your

dancer is on time to class. Class warm-ups are important to the physical health of your dancer.

3) Please make sure your dancer is in proper dress code before class starts. This includes pink tights, black leotard, and hair away from the face in a pony tail or a bun!

4) Please make sure that you provide your dancer with a healthy snack between school and dance class. Please eat snacks in the car or outside. No food or drinks other than

water are allowed in the studio. This keeps creepy creatures like mice and roaches away!

5) Feel free to watch your dancer's progress during class. The studio viewing windows are for you to see what we are teaching in class and how your dancer is responding.

6) Ask your dancer what they learned in class each week. They will be excited that you are interested in their progress and will probably even want to show off their new skills!

Meet the Staff – Kristen Tidmore!

Miss Kristen grew up in Waco and attended Texas Christian Academy.

Kristen started taking dance lessons at age 3 right here at Joy's School of Dance. She took lessons here for 15 years and was a member of the JSOD Dance Company. Both of Kristen's sisters also grew up taking dance at JSOD and were also members of the company.

Kristen's favorite dance memory is hanging out with other dance company members and friends Amanda McKethan and Larissa Sheldon at a TATD

Dance Convention and soaking their feet in their hotel room bathtub after a long exhausting dance of dancing!

Kristen attended MCC for 2 years after high school and was a member of the MCC Dance Team. Kristen competed with the dance team at the NDA Nationals in which the team placed 3rd in the nation two years in a row.

Kristen currently attends Baylor University where she was a member of the Baylor Dance Company and is now a member of the Baylor Song Leaders! Be sure to look for Kristen

on the sidelines for BU basketball and football games!

Kristen is graduating this spring from BU with a major in psychology and a minor in dance. Miss Kristen teaches the Advanced Hip Hop class. She is also interning with the studio this semester. We are so glad to have her back with us at JSOD!



"I love teaching dance because I like sharing the passion I have for dance with my students."



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7) Encourage your dancer to practice at home each week. Dancers that go over material more than just during class will excel more quickly and have more confidence during dance classes. Also encourage your dancer to practice proper stretching techniques at home. Flexibility is a big part of being a successful dancer.

8) Encourage your dancer to always try their best during dance class. This includes listening carefully, showing respect to teachers and assistants, and always giving 110%.

Thank you for giving the gift of dance to your child. Dance teaches a child that if they work at it, they can do it! This applies to all areas in life!

Is That a Bird at the Dance Studio?

Meet Dancer! Dancer is a cockatiel bird. He is originally from Troy, Texas and ended up a JSOD when one of Joy's husband's (Cotton Burkhart Contact Lenses) patients gave it to him as a present. Since Joy is the animal lover of the family, Cotton gave the bird to Joy to keep at the dance studio. Dancer has been at JSOD for about 10 years now. He likes to watch the dancers in class and even bobs his head to the music from time to time! Dancer lives in the office and is fun to look at – but keep your fingers away from him!



Happy Valentine's Day!

Saturday, February 14

Show Me the Costumes!

Recital Costumes have been ordered and the book displaying all costumes will be in the lobby soon. Costumes will be handed out to dancers sometime in late April or early May before recital pictures. Costumes must be paid for in full before they are distributed. On your February statement you will see your costume balance. Your total amount includes all costumes and one pair of pink tights for ballet and tan tights for tap/ jazz. Please let us know if you have questions regarding this matter.

Company Corner....

The JSOD Dance Company will perform this month on Feb. 28 at the 3rd Annual Kidz Expo at the HOT Fair Complex. Admission is free with a canned food donation! Come check out our JSOD booth and visit 50 other exhibitors!

Kidz Expo! February 28 9 a.m. – 2 p.m.
General Exhibits Building at the HOT Fair Complex
Performance Time – 11:30 a.m.



Waco Kidz Expo!

Saturday, February 28
H.O.T. Fairgrounds Complex
9 a.m. – 2 p.m.

Free Admission with canned food donation! Free parking!

Come by and check out our JSOD Booth and watch the Dance Company perform at 11:30 p.m.!

